



FOODS ACCEPTED

- ✓ **FRESH PRODUCE - CLEANED AND BAGGED IF FROM A GARDEN**
- ✓ **PACKAGED DELI MEATS**
- ✓ **DRY GOODS**
- ✓ **SEALED NON-ALCOHOLIC BEVERAGES**
- ✓ **NEW PERSONAL CARE ITEMS**
- ✓ **CLEANING PRODUCTS**
- ✓ **PET FOOD - UNOPENED**
- ✓ **MEALS PREPARED IN PUBLIC HEALTH-INSPECTED KITCHENS.**
 - labeled with ingredient list, location prepared, date prepared, and best before date.
 - email information@newmarketfoodpantry to book the Community Kitchen for food preparations.
- ✓ **ALL ITEMS MUST BE UNOPENED AND UNUSED. PLEASE ENSURE THAT ALL FOOD HAS A BEST-BEFORE DATE AND INGREDIENT LIST.**

YES IF...

Packaged with best before date

BREADS AND PASTERIES



EGGS



DAIRY





FOODS NOT ACCEPTED

- ✗ RAW MEAT OR SEAFOOD: EVEN IF FROZEN
- ✗ HOMEMADE FOOD
- ✗ EXPIRED FOOD & MOLDY PRODUCE
- ✗ DENTED OR PUNCTURED CANS
- ✗ PREVIOUSLY EATEN FOODS
- ✗ OPENED PREPACKED GOODS
- ✗ FOOD WITHOUT LABELS
- ✗ MEDICATIONS & VITAMINS
- ✗ HOUSEHOLD ITEMS: APPLIANCES, CLOTHING, FURNISHINGS
- ✗ ALCOHOL
- ✗ FROZEN FOOD

NOTE: anything donated from the above WILL BE THROWN OUT!

Thank you for doing your part in keeping us all *safe and healthy!*